****

**Thank you for expressing interest in volunteering for Moorland Community Caring. We welcome your feedback and questions on this role and any other aspect of our Charity.**

**Practical Support Volunteer Role Description**

**Purpose of the role is:** to offerpractical support with small tasks on a regular or one-off basis. Our clients are usually over 50 years old and have health conditions which impact on their mobility or confidence and their ability to do normal day to day tasks. The support you offer will help a person to improve their quality of life and wellbeing by helping them maintain their independence while they are unwell and being supported by us.

**What this may involve:**

* Occasional / one off practical assistance with a small domestic task or shopping
* Confidence boosting for people who don’t get out of their home much, such as accompanying on short walks
* Support with their social rehabilitation, help the person to find, arrange to attend and go along to community activities which they would be unable to access alone e.g. social group
* Help them find out where to get information and advice about other services that they may benefit from
* Dog walking
* Prescription collection
* Accompany to a health appointment
* Helping them learn to use technology: provide practical support helping the person to use a device, new digital skills and remain independent at home.

**Skills or attributes you will need:**

To be reliable and have a genuine interest in making a difference to people’s lives

Very good listener

Very good communication skills

Patience and a warm and friendly attitude

**What you might gain:**

A rewarding feeling that you are helping someone feel better about their life

A greater knowledge about your local community

**Who will supervise me / who do I go to if I have a problem?**

You’ll be working as part of a team and will be supervised by one of our Well-being Coordinators or the Manager of Moorland Community Caring?

**Confidentiality**

There are strict laws governing the sharing of information and we ask that you take seriously the importance of confidentiality. Discussing a client, where they live, or their personal situation is not permitted. Equally, a client may share personal information with you, which helps them, but you must not share this with anyone. If you believe the client to be at risk, then you are able and encouraged to share this with your Wellbeing Co-ordinator or Manager as we will have consent in advance to be able to discuss the client.

**Time commitment:**

The commitment for this role is flexible, although a minimum of 2 hours per week / per fortnight is suggested.

**Location:**

We will match you with someone who lives in the towns of Ashburton, Buckfasleigh or Bovey Tracey or the surrounding villages.

**Volunteer expenses:**

Mileage is paid at 45 pence per mile for local journeys. Should you agree to take a client further afield, then they may make a private arrangement with you, but you are not required to do this.

**Interested in this role?** [**Complete this very short form**](https://docs.google.com/forms/d/e/1FAIpQLSdNjtfuy0IcOE_zdzcEm-YHaOoFe8473jdMD-IVF8h8gg2Phw/viewform?usp=sf_link) **(3 mins)**

**What happens next?**

We will arrange a telephone call where we will have a conversation about the role, and you can ask us some questions about the role and the Charity. This isn’t a formal interview, it is just a way to make sure the role will work for both you and the organisation too. As you will be volunteering with vulnerable people, we will need you to complete a DBS (Disclosure and Barring Service) check - which is a simple form you fill in, providing us with some identification. We pay the DBS fee.